

# WEBiNAR



**INSTRUCTOR**  
Dr. Delia Treaster

Dr. Delia Treaster is the Ergonomic Technical Advisor for the Division of Safety & Hygiene at BWC. She is a Certified Professional Ergonomist with over 25 years' experience helping companies reduce their ergonomic hazards. She holds a Ph.D. in Occupational Biomechanics, and a master's degree in Human Factors Engineering, both from Ohio State University.

## Office Ergonomics Tips for Teleworkers



**1:30 p.m. - 2:30 p.m.**  
February 17, 2021

Many teleworkers may not know how to set up an ergonomic workstation using the furniture and equipment that they already have. This webinar will provide ergonomic tips for teleworkers to help them work more comfortably in their homes.

- To receive one hour of online training credit for BWC programs, provide a BWC policy number during registration.
- When your registration is complete, you will receive a confirmation email with instructions for joining the webinar. You can click the link at any time and go to the log in page.

**REGISTER NOW**

BWC is accredited by IACET to offer 0.1 CEUs for this program.

**NEED HELP? CONTACT ANGEL JOHNSON:** [angel.j.1@bwc.state.oh.us](mailto:angel.j.1@bwc.state.oh.us)