

SUBSTANCE ABUSE PREVENTION COALITION



SUBSTANCE ABUSE PREVENTION
COALITION OF WARREN COUNTY

Connect/Educate/Empower

MEMBER GUIDE

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Learn more at [SAPCwarrencounty.org](https://www.SAPCwarrencounty.org)

Welcome to our Coalition!

We're so glad you're here! We know you're busy, so it means a lot to us that you are interested in hearing about the work we do. The most successful coalitions are due to their membership. Strength in numbers, relationships, diversity, and resources help us accomplish our common goals. We are always accepting new members. Whether it's joining a committee, volunteering in various activities and projects, or just attending our monthly meetings, we encourage you to keep coming back.

This new member guide will help explain our mission, vision, committees, how we carry out our projects, and more. There is also a list of commonly used acronyms on pages 9-10 and FAQs on page 11.

The Mission

Partners working collaboratively to prevent the misuse of alcohol, tobacco, and other drugs by youth and adults in Warren County and to build healthy communities by increasing protective factors, reducing risk factors, and sharing resources.

The Vision

To achieve healthy communities free from alcohol, tobacco, and other drugs.

Our Goals

Decrease Youth Substance Use



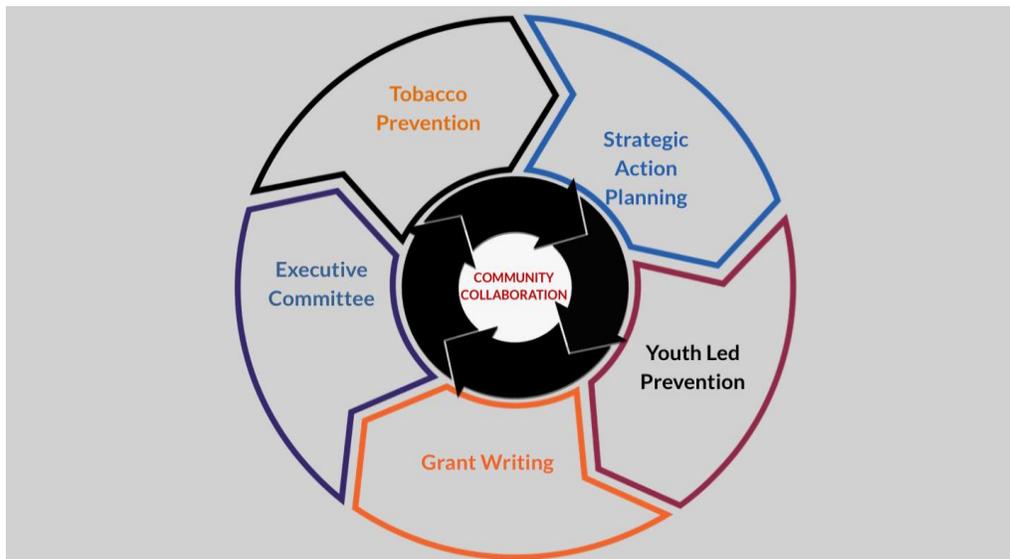
11.7% of Warren County youth grades 7-12 reported past 30-day use of alcohol – Based on PRIDE Student Drug Use Survey 2019

7.5% of Warren County youth grades 9-12 reported past 30-day use of **marijuana** – Based on PRIDE Student Drug Use Survey 2019

12.1% of Warren County youth grades 9-12 reported past 30-day use of **electronic vapor products** – Based on PRIDE Student Drug Use Survey 2019

Our priority is to plan strategies that reduce youth substance use – especially with underage alcohol consumption, marijuana, and nicotine use

The Committees



Tobacco Prevention Committee: Are you interested in developing effective strategies to prevent tobacco use, including addressing the vaping epidemic? Then please consider joining this committee, which meets the 3rd Monday of each month at 9am at the Warren County Health District conference room. For more information contact Amy Ciarlo at aciarlo@wchhd.com

Strategic Action Planning Committee: Do you like working on projects and sharing your ideas? This committee is designed for you and meets the 1st Monday of each month at 1pm at WCESC. For more information contact Kim Dooley at sapcwarrencounty.com@gmail.com

Youth Led Prevention: Do you enjoy working with youth on their prevention projects? This committee is for you and meets the 1st Wednesday of each month at 1pm at the Violence Free Coalition conference room. For more information contact Megan Crouch at mcrouch@vfcwc.org

Grant Writing Committee: Do you have a talent for writing grants or are you good at showcasing a cause for a grant application? This group is for you! This group meets as determined by Executive Committee. For more information contact sapcwarrencounty.com@gmail.com

Executive Committee: The members appointed to this committee are elected by the larger coalition to serve in their roles. This committee oversees the larger functioning of the coalition. For more information contact sapcwarrencounty.com@gmail.com

WAYS TO GET INVOLVED

1. Join us for our full coalition meetings that takes place every month. The coalition meets the first Thursday of each month from 9-10:30am. Find our next meeting date at www.sapcwarrencouty.org
2. Join a committee! Committees meet once per month and focus on a variety of issues. Committee meetings are where the action happens. SAPC is always seeking new members and perspectives. Check out our committees by visiting www.sapcwarrencounty.org or page 3 of this guide.
3. Sign up to be on our mailing list and "follow" SAPC on social media sites.



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4. If you're looking for hands on experience with community members and prefer volunteer opportunities outside of standard work hours email the Coordinator at sapcwarrencounty.com@gmail.com



OUR APPROACH

WE UTILIZE EVIDENCE-BASED STRATEGIES

We utilize strategies that are backed by research. Our prevention strategies are driven by local data and are proven to be effective to decrease behavioral health issues at the community-level.

Additionally, our coalition uses the Strategic Prevention Framework (SPF) to guide our planning process in order to establish and implement effective strategies. The SPF was developed by SAMHSA to outline the steps for prevention planners. These steps are:

1. Assess needs
2. Build capacity
3. Plan the strategies used to address the identified problem
4. Implement the plans
5. Evaluate the effectiveness of the strategy

The SPF is also guided by two guiding principles: cultural competency and sustainability.

Strategic Prevention Framework

The process the coalition uses to prevent and reduce substance use.

● **Assessment**
Collecting Data

● **Implementation**
Putting our plans into action

● **Capacity**
Building Relationships & Partnerships

● **Evaluation**
Did our efforts and work make a difference?

● **Planning**
Using our data and brainstorming on how to tackle the problems

Strategic Prevention Framework - Partnerships for Success (SPF-PFS) Grant

The Substance Abuse Prevention Coalition was awarded the SPF-PFS grant in 2016 allowing the coalition to identify a substance misuse problem of practice with youth in the county. Based on the Pride Student Drug Use Survey data, community assessments, and focus groups, the coalition identified an underage drinking problem among 8-10th graders for 30-day use. The coalition was able to rely on the capacity of the partnerships in developing a plan to tackle the problem through an environmental strategy media campaign.

Some of the strategies that the coalition has implemented to address underage drinking in Warren County are of the following:

- Utilizing SAMHSA's Talk They Hear You underage drinking campaign materials such as PSA's, social media banners, and logos.
- Radio commercial emphasizing the need for parents to talk to their youth about the risks of underage drinking.
- Movie theatre ads encouraging parents to have conversations with their youth about the risks of underage drinking.
- Billboards emphasizing the importance of parental communication with youth about the risks of underage drinking.
- Underage drinking forum educating the public about the risks of underage drinking.



WE UNDERSTAND SCARE TACTICS ARE NOT EFFECTIVE

Instead we support evidence-based strategies.

THE TOP

10 STRATEGIES

A PREVENTION SPECIALIST

LOVES TO PROMOTE

one

Teach social skills that help youth handle social situations



two

Education that help students realize using drugs & alcohol is not the norm

three

Teach resiliency skills to help youth cope with change, manage stress & learn from setbacks



four

Promote protective factors that encourage the development of positive aspects of life

five

Model and teach refusal skills to help empower students when faced with uncomfortable situations



six

Reduce stigma and teach students skills to seek help when needed

seven

Screen youth for potential mental health or substance use issues to intervene early



eight

Advocate for policies that promote safe and healthy schools and communities



nine

Modify the physical design of public spaces to enhance safety

ten

Enhance the skills of professionals to achieve community level health outcomes





Together we build opportunities for individuals & communities to thrive

Examples of some of these strategies supported by our coalition includes:

- Pop Up Prevention
- Safe medication disposal methods, including National Prescription Drug Take Back Days
- Teen Alliance Council partnership
- Professional skill building trainings
- Public service announcements and other marketing campaigns
- Policy advocacy at local, state and national levels
- Partnerships with local mental health and substance use providers

Source: Ohio Attorney General's Drug Use Prevention Resource Guide

CADCA's National Coalition Institute-Defining the Seven Strategies for Community Change

COMMUNITY

Incorporating all 12 sectors of the community, plus more.

We understand the importance of collaboration among systems to create healthier communities. In doing so, we ensure different sectors' perspectives are used to influence the development of strategies within the coalition.



ACRONYMS & DEFINITIONS

We try our hardest to not use acronyms but sometimes they slip. Please let us know if we use an acronym that you're not familiar with. Here's a list of ones that we use often.

ADAPAO

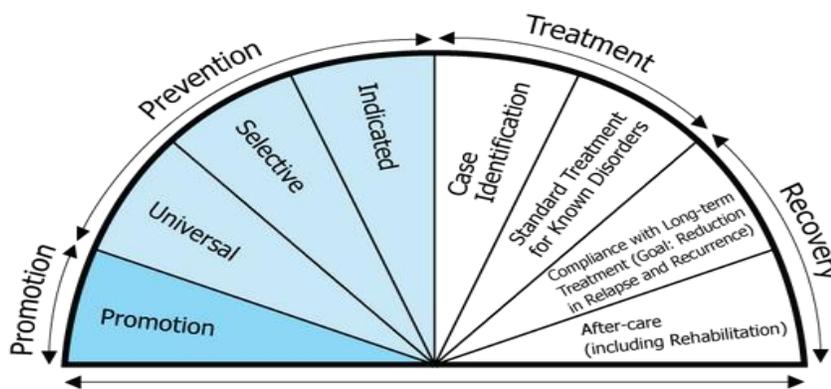
The Alcohol and Drug Abuse Prevention Association of Ohio is a nonprofit organization that advocates on behalf of prevention professionals at a state-level.

CADCA

The Community Anti-Drug Coalitions of America is a national organization that trains local grassroots groups, known as community antidrug coalitions, in effective community problem-solving strategies, teaching them how to address their local substance abuse related problems and develop a strategic plan to address them.

CONTINUUM OF CARE

The strategies developed in the coalition are intended to target individuals and groups, specifically youth and young adults, before they develop a substance-use disorder. Our work happens on the left half of the continuum.



DFC Grant

Drug-Free Communities Grant – this is a federal grant through the Office of National Drug Control Policy (ONDCP) that is awarded to community coalitions with proposals focusing on substance use prevention efforts. Selected applicants are awarded \$500,000 for a 5-year funding period. SAPC was awarded funds from December 2019 through December 2024.

MHRB/ADAMHS

Every county in Ohio is served by an Alcohol, Drug and Mental Health Services (ADMAHS) Board that is responsible for planning, funding, monitoring, and evaluating mental health and substance use/addiction prevention, treatment, and recovery services. The Mental Health Recovery Board (MHRB) serves both Warren and Clinton Counties and oversees these services in Warren County.

OMHAS

The Ohio Department of Mental Health and Addiction Services is the state department that oversees funding and implementation of substance abuse and mental health services in the state of Ohio.

SAMHSA

The Substance Abuse and Mental Health Services Administration is the federal entity that works to reduce the impact of substance abuse and mental illness throughout the nation. The agency was established in 1992 and directed by Congress to target effectively substance abuse and mental health services to people most in need and to translate speech in these areas more effectively and more rapidly into the general health care system.

SPF

Strategic Prevention Framework – Developed by SAMHSA, this is the framework that guides our coalition to effectively plan strategies for prevention of substance use and mental health problems in our communities. You can find the framework on page 5 that outlines the process.

SAPC

Substance Abuse Prevention Coalition (of Warren County) – That's us!

TAC

TAC stands for Teen Alliance Council of Warren County, which a youth-led prevention group. TAC is organized and funded through the VFC (Violence Free Coalition) and is a strong partner of SAPC.

SADD

Students Against Destructive Decisions. This is a youth-led prevention group formed by students at the Warren County Career Center.

VFC

The Violence Free Coalition of Warren County. This coalition works to prevent violence through education, building community resources, influencing system change, and community awareness. TAC (Teen Alliance Council) is organized through this coalition.

FAQ

WHO CAN JOIN THE SUBSTANCE ABUSE PREVENTION COALITION?

Membership is open to any Warren County resident, employee, and others who support the coalition's mission. There are no fees to be a member of the coalition.

HOW MUCH OF A TIME COMMITMENT IS REQUIRED?

Membership in the coalition is defined as attending a minimum of two events (coalition meetings, community events, trainings, etc.) throughout a twelve-month period. However, additional time commitment is up to the member. Committee meetings take place monthly and last 1 hour each. Sometimes members will volunteer for events outside of those hours. Members can be as involved as they choose to be.

WHO LEADS THE COALITION?

The coalition is run by the executive board, which consists of a President, Vice-President, Treasurer, Secretary, and members at large. This group meets monthly and provides strategic input for the direction of the coalition. The coalition also employs a full-time coordinator to organize coalition needs on a weekly basis. The coalition is ultimately run and influenced by its members who help to define the issues in the community, as well as develop, implement, and evaluate initiatives that prevent substance abuse/misuse.

WHAT IS THE DIFFERENCE BETWEEN COALITION MEETINGS AND COMMITTEE MEETINGS?

Coalition meetings take place once a month and serves as a time for committees to report on the progress they are making on current or upcoming initiatives, and to provide feedback on past projects. There is also a prevention presentation component to each coalition meeting. Committee meetings take place once a month and are geared more towards development and implementation of prevention strategies. This is where the action of the coalition takes place. While not required, members are encouraged to join a committee where they can utilize their interests, talents, or perspectives.